



La Costa Canyon 2018 High School Track and Field Program

Welcome to the 2018 LCC Track and Field Team! Our head coaches for this season are Coach Bob Sisler (bob.sisler@sduhsd.net) and Coach Bill Vice (bill.vice@sduhsd.net). We are Jennifer Schroeder and Ash Alidio. We are your Maverick Athletic Booster (MAB) Parent Liaisons and volunteers this year. Ash is taking care of the Financials for the team and I am handling communication, meets, etc. For important team news throughout the season, refer to the website, <http://www.mavstf.org/> or like us on our Facebook page, La Costa Canyon Track & Field. You will also receive weekly emails with important information about the team as well as Maverick Athletic Booster activities. These emails will come out on Sundays with information for the upcoming week. You can reach me, Jennifer as your main point of contact at mavtf2016@gmail.com .

We are asking for a donation of \$150 per athlete this year. Your Track and Field program receives little financial support from the school budget. Our athletes depend on your tax deductible donations of \$150 per team member to meet our financial obligations. In order to build our team success, we need to fundraise for our program every year. Over 75% of our budget expenses are covered by Parent Team donations and Transportation donations. The District Transportation Donation is \$100. That is turned over to the District Office. The rest comes from Spirit Wear Sales, and participation in MAB events such as the Annual Golf Tournament. Our expenses include Transportation, Uniforms, Equipment and Maintenance of Equipment, Meet Fees, awards, and Coach's training.

We are looking forward to an exciting season of Track and Field! This year, LCC is hosting two home dual meets and one Middle School Invitational (concessions only). **MANY PARENT VOLUNTEERS ARE NECESSARY IN RUNNING OUR HOME MEETS.** It takes 25 to 30 parents for our home sponsored meets to run smoothly and successfully. We need Timers, Clerk of Courses, and Volunteers to man Long Jump, Triple Jump, Shot Put, Discus, Pole Vault, High Jump, and Concessions. There will be printed instructions at the Field events to help.

The team is selling optional spirit wear items with the team logo. Visit the website to view samples of the items. Everything can be purchased separately. **The deadline to order is Wednesday March 7th. DON'T MISS OUT!** The final order will be placed 3/11. These items will *only* be on sale at this time. We are pleased to announce that each athlete will once again, receive a free commemorative Team T-shirt this year. This is made possible from last year's concession stand profits! Be sure to wear your Team T-shirt to school on meet days!

Fundraising activities include Team Night at RoadRunner Shoes in Carlsbad on Wed. Feb. 28th

If you are making a donation and/or purchasing spirit wear, please return the order sheet with a payment information for your spirit items, team donation and transportation donation. Please indicate how much of your donation is allocated to Transportation. . Athletes must return the Order sheet to the coaches by March 7th.

Key Dates

Tuesday, Feb 27th , PARENT INFO MEETING 6pm-LCC Media Center

Wednesday Feb 28th RoadRunner (Carlsbad) Shoe Night Team fundraiser 5:30-7:30 p.m.

March 2nd Boys Uniform distribution

March 7th Spirit Wear Order Forms and Payment due

March 5th Grls Uniform distribution

LCC Home Meets (volunteers needed)

Thursday, March 29 vs Carlsbad

Thursday, April 19 vs Canyon Crest Senior Night @ 2:45 pm